

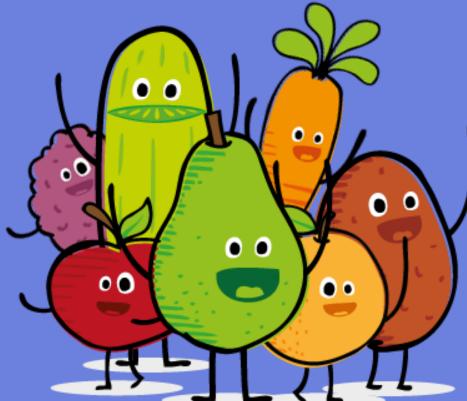
NUDE FOOD WEEK

24th October - 28th Oct

TOO MUCH PLASTIC IS CONSUMED EVERY YEAR - SO JUST FOR ONE WEEK, WE ARE GOING TO CUT DOWN ON OUR PLASTIC.

NUDE FOOD IS IMPORTANT BECAUSE:

• SAVES YOU MONEY BY BUYING PRODUCTS IN BULK.





 $\cdot SAVES$ the planet by reducing the amount of waste that goes into landfill.

·SAVES YOUR HEALTH BY MAKING HEALTHIER FOOD CHOICES THAT SUPPORT CONCENTRATION, ENERGY LEVELS AND MAKE YOU FEEL BETTER OVERALL.

LET'S TRY TO CUT DOWN ON OUR PLASTIC CONSUMPTION



Say no to plastic.